



## **Mediation and its Benefits for the Children**

Without question, divorce can put a strain on any family. The divorcing parents are forced to cope with stress, emotions, worries, financial dilemmas and more. However, the largest subject of concern is the children, as they can potentially suffer the most.

The fear and depression that a child may experience when there is a pro-longed courtroom battle can be traumatizing and in many cases require psychological treatment. A child does not have the tools yet to be prepared for a change in family dynamics combined with intense aggression and conflict associated with a traditional divorce.

So, what is the solution? If the divorcing couple is open to collaborate and come to a mutual agreement, they should consider divorce mediation.

Preserving a civil relationship during and after divorce is important. It can give your children a remaining sense of normality, resulting in less mental and emotional damage. Experience in dealing with both divorce and divorce mediation has revealed that many children are able to handle the situation better when the parents are able to talk to each other. Mediation promotes open communication and many couples are able to remain friends after the mediation process is over, due to the increased communication with the aid of a trained divorce mediator.

The financial benefits that coincide with mediation are also tremendous. Less money is paid to attorneys, leaving more to be used for the children. The parents can eliminate the financial stress that is often associated with a standard divorce and be much more at ease, creating a better overall environment.

Lastly, divorce mediation allows the parties to have control over their own Divorce Agreement, whereas, in a divorce, the Judge has the authority to make decisions on your case without any familiarity with your family. Wouldn't you rather make the ultimate decisions, together with your spouse, regarding your children's welfare and the division of your assets?

If you and your spouse would like to proceed with a divorce, while making the best decisions for your children, mediation is the right choice for you!

**Find out "Risk Free" if Online Divorce Mediation is right for you. Sign up for a FREE consultation with one of our divorce mediation attorneys and they will answer all of your questions about getting a divorce by mediation. Contact us at 1(800)290-1012, [info@onlinedivorcemediation.com](mailto:info@onlinedivorcemediation.com) or on our website [www.onlinedivorcemediation.com](http://www.onlinedivorcemediation.com).**