

## What is Acquired Brain Injury Rehabilitation?

by [Traumatic Brain Injury Attorneys](#) on 07/06/10 at 1:09 pm

When one speaks of an acquired [brain injury](#), he is referring to an injury that happens after a person is born. It is not genetic nor a problem caused by the pregnancy. It is caused by some kind of head trauma, substance abuse, sickness, infection, or lack of oxygen.

The treatment and rehabilitation of *brain injury* will depend primarily on what caused it. This is because substance abuse will involve getting the person weaned from dependency on the substance, or treating the disease or infection that caused the [brain injury](#). If the injury to the brain was caused by a violent impact, then the open wound will have to be attended to first to stop the bleeding.

Also, each person has his or her own physical and emotional reaction to the situation, and so the rehabilitation will have to take this into consideration. Some will accept and move quicker than others, and their drive to improve will be more pronounced.

Nevertheless, the rehabilitation should be as holistic as possible. It should cover the physical healing as well as the behavioral, social, emotional, and cognitive aspects. For the patient and his family, the following is part of the rehabilitation process:

- First, understand the problem and all that it encompasses. Talk about alternative treatments and seek legal action, if the situation allows. Don't be afraid to ask questions, no matter how foolish it may sound to you. Your concerns should be addressed, and if your doctors cannot or refuse to answer you to your satisfaction, find other doctors that will.

- Once you get a full grasp of the situation, accept that road to recovery may be long and arduous and that there is no instant fix. There is no surgery that can put the patient back together like in the movies. Instead, one will often have to go to intensive therapy.
- Find support from caring family members and support groups to give you encouragement when things don't look so good or you feel frustrated.
- Take one day at a time. Don't look back and think about the "what ifs."
- Take your time, and give each other breathing space. Each individual is affected by the [brain injury](#) will need to come to terms with it in their own way (at their own time). This refers to the patient, his spouse, parents, siblings, children, and even neighbors and friends.

Acquired [brain injury rehabilitation](#) is not the end of the road; it's the beginning of a new one.

*[Demas & Rosenthal](#) has been representing injury victims for nearly twenty years. We are committed to offering the highest quality representation and level of service. We have extensive experience handling a variety of brain injury and have the resources to take on major corporations and insurance companies; Please do not rely or act solely upon the information provided in this article. Please consider getting a consultation immediately. The [best personal injury law firms](#) will provide a free consultation.*

*[Demas & Rosenthal](#) will provide a free, confidential consultation if you were injured. The free consultation offer extends to family members as well..*