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What to do After an Accident

In the event of an accident, many individuals report feeling as though the situation erupted out of nowhere; certainly, there is a great deal of stress and trauma associated with even the most minor of car accidents. Adrenaline begins to flow, the body goes into fight-or-flight mode, and it is difficult to know what the next steps should be. There are some active tasks that should be done and some precautions to take, and if you make yourself aware of them beforehand, it can mean a world of difference in terms of the process of getting back to normal. As any experienced [Boca Raton car accident attorney](#) can advise, certain steps can be taken to minimize the impact of the accident on your life, as well as to protect your interests.

The first thing to do in the event of a car accident is to make sure that everyone is okay. If the accident was serious, there may be a need to contact emergency services for anyone with drastic injuries, but if the incident was a relatively minor one, you may not need to call an ambulance. In any event, you should also contact the police, particularly if you are the victim of a hit and run, if you are able to do so. Most insurance policies require a police report in the event of a hit and run, and in any case a police report is good evidence of what occurred. Other than ensuring that the other party is not dangerously injured, it is best to avoid speaking too much to them. Do not admit fault; even if you feel guilty, the sensation of guilt may be misplaced. A [car accident attorney](#) would tell you that admitting guilt at the scene can later come back to haunt you, even if the police find that you were not at fault for the accident.

You should also get the information from the other party. If they are hostile or agitated, it may be best to allow the police to get this information on your behalf. Typically, the insurance, address, and other contact information are collected as part of the police report, so even if you are not able to communicate with the other individual involved in the accident, you may be able to retrieve it from the police. You should also get the contact information of any witnesses to the accident. The final steps include recording the scene, taking pictures with your mobile device if possible. If you aren't able to get pictures right away, record as many details as you can in notes, and seek medical attention even if you do not feel as though you've been injured. You should also contact your own insurance company as quickly as possible; the sooner you are able to start the process, the faster it will come to a conclusion. You may need to retain the services of an experienced [Boca Raton car accident attorney](#) to help you in pursuing the compensation that is your due, and if you take the previously mentioned steps when the accident occurs, you will have a much easier time of pursuing your claim.

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