

# Illness and Recession Fueling Early Retirement in Los Angeles

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<http://retirement-wisdom.com/>

Retiring early in the present economy may not be the best idea, but many Los Angeles workers are being forced to do just that due to illness and the recent recession. This phenomenon brings into question the health of their retirement accounts and the decision to draw Social Security benefits as soon as they are eligible.

During the Great Recession, retirees at age 62, filed for benefits roughly six months sooner than people did during the less severe recession from 2001 to 2003 and about 10 months sooner than they would have without a recession. The result was \$56 less per month, a 4.6 percent decrease.

The reasons for filing early have been simple, many lost their jobs and have been unable to find employment given their advanced age, and others simply have become too ill and can no longer work. The majority had no intention of retiring early and needed to work for a few more years.

When workers retire early, they can expect a monthly benefit of roughly \$1,141 if they retire at age 62. If they wait until they reach 63 years and 6 months, they can expect a benefit of approximately \$1,235. Even that, in most cases, is not enough to live on as a sole means of income.

In order to protect your future income and build a nest egg apart from Social Security that will not depend on the health of the Social Security fund, talk to the professionals at California Pensions.

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## About California Pensions

California Pensions, incorporated since 1968, designs and administers retirement plans for professionals. **Contact us to get your free “7 Common Defects in Small Business and Professional Plans that can Destroy Your Retirement Dreams.”** And call 310-400-5571 or email [csellner@pacpensions.com](mailto:csellner@pacpensions.com) today to set up your appointment.

*Happiness is teaching your children about a secure retirement.*