

Divorce in Arizona Doesn't Have to be Painful: Let Mediation and Collaboration Alleviate the Process

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You may think that you and your spouse could never be candidates for [alternative methods](#) of dispute resolution, such as mediation or collaboration, to help resolve issues during your divorce. Maybe the two of you feel like you can't even stand to be in a room together, let alone sit down and try to hold a calm and rational discussion. If this is the case, I want to encourage you both to give these alternative methods of dispute resolution a try. If either one of you have your sights set on going to court and seeking revenge, there's no harm in learning about alternative methods of dispute resolution.

Alternative dispute resolution challenges the stereotype that divorcing spouses should treat one another like enemies. Instead of adding to the conflict and stress of divorce, methods like [mediation](#) and collaboration foster a sense of understanding so both parties can reach a common ground. Divorcing parties tend to be more satisfied with the end result than those who take an adversarial approach. Simply put, the benefits of mediation and collaboration are numerous. Divorcing couples will almost always save money, time, anxiety, and stress when they can avoid the courtroom.

If you are experiencing family law issues related to divorce in the Phoenix metro area, I encourage you to contact a [knowledgeable Mesa mediation attorney](#). Keeping yourself informed is one of the best ways to protect you and your family during difficult times. Alternative dispute resolution can take some of the complications out of your divorce and help you move forward.



Timothy Durkin joined JacksonWhite in 2010, and quickly established himself as a highly effective family law attorney with the perfect balance of assertiveness and compassion. Tim is often complimented for his dedication to professional service, as he works closely with his clients to keep them informed, listen to their needs and involve them in the decision making process.

Tim handles all types of family law, including divorces, paternity actions, child custody, child support, relocation and jurisdiction issues, adoptions, termination of parental rights and parental severance actions, title 8 guardianships, spousal maintenance cases, division of marital property and debts, pre-nuptial agreements, post decree modifications and enforcement of custody and divorce orders, mediation services, grandparent visitation cases, and domestic violence issues. He is licensed to practice law in all Arizona State Courts, as well as the United States District Court, District of Arizona, and serves clients throughout the Phoenix metro area. To read more about what former clients are saying about hiring Tim, or to set up a free consultation, please visit www.jacksonwhitelaw.com/arizona-family-law.

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