

Understanding Long Term Care

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When people hear the words “long-term care” they automatically think of an elderly person, but to understand the long reach of long-term care into people’s lives, you must include someone who has suffered an illness, injury or who was born with a disability. Just about anyone can be likely to need care over an extended period of time. It just depends on the circumstances.

Long-term care isn’t just about nursing care. It also includes help with activities of daily living (ADLs), including dressing, bathing, using the bathroom, and eating. Long-term care encompasses a wide range of social and supportive services whose goal is not to cure a particular illness or ailment, but to maintain a quality of life for that person.

Do you know:

- 63 percent of the long-term care patients are elderly, but the remaining 37 percent are younger than 65.
- The likelihood of becoming disabled in at least two ADLs or becoming cognitively impaired is 68 percent for people 65 and older.

The Department of Health and Human Services found that in 2008, 21 million people had a condition that caused them to require help with their personal and healthcare. By 2050, the number of individuals who need long-term care services will double – from 13 million people using services in 2000, to 27 million people.

A long term care cost study notes that 74% of consumers ages 55 to 65 polled said they are concerned about needing some kind of long term care, but in a healthcare survey, 25% of all consumers admitted that they have no idea what a day in a nursing home costs.

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About Attorney Darol Tuttle

This calculation can feel complicated and confusing and fortunately, experienced Tacoma veteran’s benefits attorney Darol Tuttle can help. Attorney Tuttle, a veteran himself, understands the nuances the Aid and Attendance benefit. Contact us today at **253-272-1904** or by email at info@daroltuttle.com.