



November 2014

YOU SHOULD KNOW

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Dear Jessica,

The holiday season is fast approaching. And that means decorating the house, planning family visits and attending lots of celebrations. So here's a checklist to help you and those close to you have a happy and safe holiday this year.



THE DOCKET /

> [CHECK OUT OUR BETTER HEALTH CARE](#)

Keep the "Happy" in Happy Holidays

Tips for a Safe Holiday Season



'Tis the season for everything holly, jolly, merry and bright. But celebrating the spirit of the holidays takes more than just planning the perfect menu and stunning home decor. Thanksgiving to New Year's can pose a greater risk for house fires, decorating injuries and drunk driving crashes. This month's *You Should Know* offers tips for avoiding these common (but preventable) seasonal mishaps.

[Start your safety checklist here.](#) >>>

BY THE NUMBERS /

12,000
Visits

Falling off ladders, stepping on broken ornaments and other [decorating injuries](#) send an average of 12,000 Americans to the emergency room between November and December, or about 250 per day.

230
Fires

[Christmas tree fires](#) caused 230 home fires on average each year from 2007 to 2011, resulting in six fatalities and 22 injuries. Malfunctioning holiday lights are often the culprit.

NEWSLETTER.

> LATEST NEWS FROM OUR PATIENT SAFETY BLOG

> CHILD SAFETY TIPS AND ACCIDENT PREVENTION FROM OUR CHILD PROTECTION BLOG

> MALPRACTICE A-Z: ANSWERS ON SPECIFIC TOPICS

#1 for Drunks

Drunk driving accidents and fatalities spike during every major holiday, with July 4th in the lead followed closely by New Year's Eve and Thanksgiving as shown in [this infographic](#).

BOOKMARK FAVORITES /



Avoid the Post-Holiday Party Walk of Shame

Are you aware of office holiday party do's and don'ts? Human resource expert Jennette Pokorny with EverNext

shares tips on how employers and employees can avoid post-party embarrassment. [View video](#).



Food Safety Expert Shares Tips on Preparing Holiday Feasts Safely

Keep your family and holiday party guests safe by following these food safety tips from Foodsafety.gov, a

gateway source for federal food safety information. [View video](#).



ESFI Videos Feature a Variety of Holiday Safety Tips

The Electrical Safety Foundation International YouTube channel features several holiday safety videos, including

decorating safely, avoiding fire hazards and more. [View videos](#).



Win-a-Stocking-Stuffer Survey

Tell us what you think of the *You Should Know* newsletter and you could win a colorful iPod Shuffle to stuff in that special someone's stocking!

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